

Therapy
Assistant
Association
of Alberta



***12TH ANNUAL EDUCATION
CONFERENCE
“TA’S ON THE MOVE”***

MAY 3, 2019

Radisson Hotel

6500 67 Street

Red Deer AB. T4P 1A2

Tel: 1 (800) 333-3333

Keynote Presentation



Grace Torrance **Co-coordinator of the Therapist Assistant Program at** **Medicine Hat College**

Grace Torrance is co-coordinator of the Therapist Assistant Program at Medicine Hat College and continues to actively teach in that program, both in onsite and distance learning. She currently holds the role as past-chair of the Canadian Occupational and Physical Therapist Assistant Educators Council (COPEC). She is a steering committee member of the 'Vision for OTA/PTA in Canada' group.

Grace has been an advocate of OTA/PTA education in Canada since she began the Medicine Hat College program in 1994 as the first Therapist Assistant program in Alberta. She has presented

Provincially, nationally and internationally on OTA/PTA education and practice since that time



101. Pain: Simple or Complex? What does a pain toolkit look like through the patient's eyes?

Alex Chisholm, PT, PgCPain, CFCH-AB, FCFCH , Jackie Monroe TA FMC CVT, Hailey Jones TA FMC burns/plastics/ wounds, and Alex McClure TA FMC CVT

Pain is multidimensional. Pain changes both the peripheral and central nervous systems, yet the role of the brain is often overlooked. This presentation will review the neurophysiology of pain, pain after surgery, and explain why we see certain things in our patients that may appear confusing. It will introduce the chronic pain toolkit, and show it through the eyes of a patient. (via video interviews)

TAs will assist in an exercise to help understand how quickly perception can be changed in some people

102. It's time to FOCUS on Self-Regulation

Christina Armstrong pediatric Occupational Therapist and Cassie Shaw OTA

Self-regulation applies to all age groups. It is our ability to be ready to participate, take care of ourselves, and engage with people around us with satisfaction. We use strategies to manage stressors that can be done in any setting so we can return to readiness with resilience. Research has shown that strategies involving movement, breathing and mindfulness are effective in supporting mental health and physical health. These are strategies we can use on the move to regulate ourselves and our clients!

At Edmonton Catholic Schools, the Occupational Therapists have created a resource to teach

children a specific tool called the FOCUS Sequence which incorporates a four-step sequential activity to regulate the body and mind in about five minutes in any environment; this strategy is effective with ages 3-99. This tool can be used to help children or adults become focused and ready to work on any therapeutic goals.

The resource, FOCUS on Self-Regulation, contains 33 activity plans to teach children aged 3 to 8 important concepts about movement, heart rate, emotions, levels of regulation, and regulation tools. Copies will be available for purchase on-site but are not required for the workshop.

103. AAC Strategies and Supports

Tracy Strongman, R. SLP and Kara Cammidge, B.Sc.OT (c)

This interactive learning opportunity is an overview of strategies and supports for students with complex communication needs



201. Fun With Phono Therapy

Margo Lepage SLP and Charlene Lamoureux, SLPA

Understanding and delivering effective therapy to children with phonological delays (preschool/PUF/elementary school age).

First you will gain an understanding of what a phonological delay is and how to recognize phonological patterns of delay.

Then participants will learn how to lesson plan, choose target words, choose games and activities, use visual cues, integrate language goals, and do theme based, fun, play based therapy.

The session will be fun, and interactive in nature.

202. Acute Care Transdisciplinary Project

Linda Wells- Physiotherapist , Erin Langley- Occupational Therapist and Samantha Anderson- Therapy Assistant

Transdisciplinary (OT/PT) approach to assessment and treatment of acute care patients.

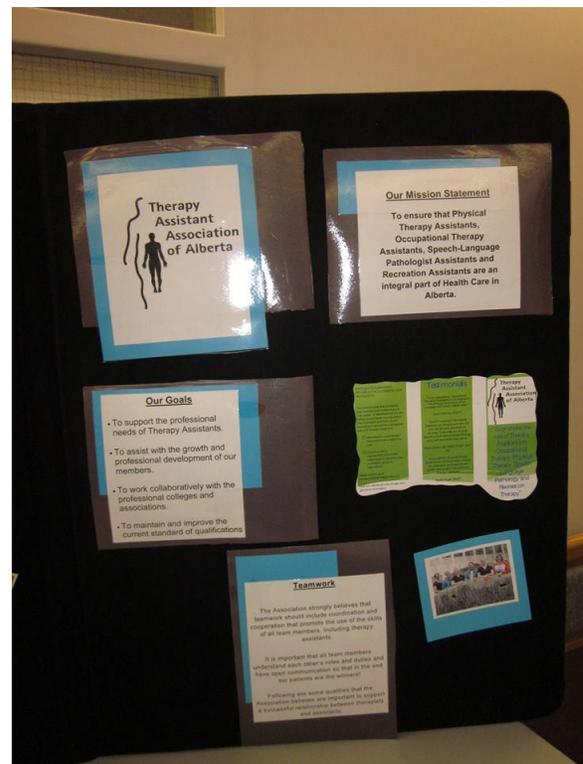
Working in rural setting, staff and resources are limited but the demand for service is high. This approach has allowed therapists to share caseload and assess patients based on best fit and allows delegation of a therapy assistant plan that can be carried out by either an OTA or PTA with no designation. This has allowed therapy assistants to work within the full spectrum of their clinical skills and expertise. The therapy assistant is given more quality time to spend with client allowing them to develop a rapport and getting to know the client's story aiding in seamless transition from hospital to home.

203. Advancing Competencies ... a crash course in Therapeutic Recreation

Victoria Rootes Recreation Therapist and Tiffany Morin Recreation Therapist

This interactive presentation will utilize the new Orientation to Recreation Therapy for Therapy Assistants tool (created by AHS).

The intent of this presentation is to support TA's trained in other disciplines who may be new or interested in recreation therapy, or TA's who are interested in advancing their recreation therapy skills and knowledge. This presentation is intended to build on interdisciplinary skills for therapy assistants, by supporting the advancement of knowledge and expertise.



301. Vision OTA PTA: Charting the course for OTA/PTA practice in Canada

Grace Torrance co-coordinator of the Therapist Assistant Program at Medicine Hat College

This presentation will provide an overview of an interprofessional national collaborative project aimed at developing a *Vision for OTA/PTA in Canada*. The goal of the project was to better understand stakeholder perspectives about the current (today) and future (in five to ten years) role of OTA/PTAs in Canada's healthcare system, and to identify barriers and facilitators to the contribution of OTA/PTAs to healthcare teams. The project consisted of two stages: a survey conducted in the fall 2017 and an online discussion platform held in the fall 2018. The project details and key themes emerging from the project will be presented. Future opportunities for OTA/PTA practice will be discussed.

The Visioning Steering Committee consists of 10 representatives from CAOT, CPA, OTA/PTA Educators, OT and PT Regulators, OTA/PTA Accreditors, and Practising OTA/PTA's. Some funding for the project was provided by three stakeholder organizations (Canadian Alliance of Physiotherapy Regulators, Canadian Association of Occupational Therapists, and the Canadian Physiotherapy Association), however much of the work was completed using steering committee time donated in-kind.



302. Assistants on the Move.....But Less when using Skype!

Sharene Lamson – BA Kinesiology and Kelsey Blackwell- OTA/PTA

The Therapy Assistants (TA's) from the Camrose Early Supported Discharge team utilize Skype For Business (S4B) to increase therapy intensity and decrease travel time for rural stroke clients. With technology advancing in rehabilitation, we will provide examples and videos of how our team has broken ground using S4B as a new mode of service delivery.

303. Preceptor Boot Camp

Erin Turnell, Rec T, BPE, Dominique Bailey, OTA, PTA, Michele Vaillant Bs PT, MSc RS

In this intensive session, you will gain confidence and practical skills to enable you to become a more effective preceptor or clinical instructor for therapy assistant students. Participants will have an opportunity to plan where to start to prepare for a student, how to give constructive feedback and evaluate performance, and how to deal with challenging situations. This session will be interactive, and provide opportunities to practice strategies through case studies and role play.



AGENDA

Registration and light continental
breakfast 7:30 - 8:30

Welcome and Keynote Speaker
8:30 - 9:30

AGM
9:30 -10:00

Break (snacks provided)
10:00 -10:20

Concurrent Sessions 101 - 103
10:20 -11:50 (90 minutes)

Lunch 12:00 -1:00 (60 minutes)

Concurrent Sessions 201 – 203
1:15 - 2:45 (90 min)

Break (snacks provided)
2:45 - 3:15

Concurrent Sessions 301 - 303
3:15 - 4:15 (60 minutes)

Networking Opportunity and Membership sign up
Final comments and Thank You
4:15 - 5:00



***2019 Th.A.A.A.
THERAPY ASSISTANT
AWARDS BANQUET***



May 3, 2019

**Radisson Hotel
6500 - 67th Street,
Red Deer, Alberta**

**Registration and Cash Bar 5:30 P.M.
Alberta Baron of Beef Dinner 6:00
Awards Ceremony 7:15 P.M.**

*You are invited to an evening celebrating some amazing Therapy Assistants in Alberta!
Come enjoy the night with a Buffet Dinner and recognition of achievements.*

Seat reservations are \$40 per person

Seat reservations must be made by April 26th by submitting payment through our website at thaaa.ca Simply click on the appropriate PayPal button on the right-hand side of the screen. *Yes, Credit Cards are accepted through PayPal.*

You will then receive an email confirmation of payment and number of seats purchased.

Cancelations made after April 20, 2019 cannot be refunded.





2019 Th.A.A.A.



Therapy Assistant Award Nominees

Leadership Award

*Dominique Bailey
Jacinthe Vetch
Penny Miskolzie*

Student Mentor Award

Therese Lagroix-Brown

Outstanding Practitioner Award

*Cassandra Lake
Georgita Olariu
Monica Selesky
Sandy-Lynn Dykstra
Sonja LaChapelle*

Outstanding Team Practice Award

*Children's Rehab Services
Central Zone - Cathy Enman,
Donna Hare, Lynne Motkoski*

*Two Hills LTC - Darlene
Yurko, Marlene Romanchuk,
Cindy Krahn, Joleen Lutic,
Debbie Bezovie*

Student Award

*Brenna McGillion
Victoria Schonbeck*

*Congratulations to all of the
Nominees*



**Th.A.A.A 12th Annual Education Day Registration
May 3, 2019**

Name: _____ Phone#: _____

Address: _____

E-Mail (required): _____

Employer: _____

Job Title: _____ Membership Number (if applicable): _____

Diet Restrictions for lunch: _____

Please add me to your email list.

You must pre-register, late registrations will not be accepted and registrations will not be accepted at the door. You will receive a confirmation number that must be presented to the registration desk on the day of the conference.

Early Bird Registration before April 10 th , 2019	Registration after April 10 th , 2019
<input type="checkbox"/> Non Member Early Bird: \$150*	<input type="checkbox"/> Non Member: \$170
<input type="checkbox"/> Student Early Bird: \$65*	<input type="checkbox"/> Student: \$80
<input type="checkbox"/> ThAAA Member Early Bird: \$115*	<input type="checkbox"/> ThAAA Member: \$135
<input type="checkbox"/> ThAAA Member Early Bird with membership renewal: Practicing Membership \$155*	<input type="checkbox"/> ThAAA Member with membership renewal: Practicing Membership \$175
<input type="checkbox"/> ThAAA Member Early Bird with membership renewal: Certified Membership \$170*	<input type="checkbox"/> ThAAA Member with membership renewal: Certified Membership \$190

Renew your Membership Early and Save \$10

I would like to renew my membership for the 2019 - 2020 membership year at the same time as I register for the 2019 Education Day. **(Be sure to include your renewal form with the Education Day Registration Form) Renewal forms are printable from our website or can be requested by email.**
therapyassistantaa@gmail.com

Awards Banquet Reservations \$40 each x _____ attendees

Attendee Names: _____

Please note: If you pay with PayPal, please hold on to your PayPal receipt for reimbursement or tax purposes. If paying by cheque, a receipt will be emailed to you.

Please check mark your first and second session choices.

Name: _____	1st choice	2nd choice
Welcome and Keynote 8:30-9:30	Everyone	
AGM 9:30-10:00	Everyone	
Session #1 10:20-11:50 (90min)		
101. Pain: Simple or Complex? What does a pain toolkit look like through the patient's eyes?		
102. It's time to FOCUS on Self-Regulation		
103. AAC Strategies and Supports		
Lunch 12:00-1:100	Everyone	
Session #2 1:15-2:45 (90min)		
201. Fun With Phono Therapy		
202. Acute Care Transdisciplinary Project		
203. Advancing Competencies ... a crash course in Therapeutic Recreation		
Session #3 3:15-4:15 (60 min)		
301. Vision OTA PTA: Charting the course for OTA/PTA practice in Canada		
302. Assistants on the Move.....But Less when using Skype!		
303. Preceptor Boot Camp		
Networking, membership sign up and final remarks 4:15- 5:00		

You must register on or before April 10, 2019 for the Early Bird Rate.

Registration deadline is April 26, 2019

Cancelations made after April 20, 2019 are non refundable.

Payment can be made by going to our website www.thaaa.ca and selecting the appropriate PayPal button on the right hand side of the home page. The registration form can be emailed to promotions@thaaa.ca or mailed along with the registration fee, money order or cheque to the address listed below. When both the registration form and payment have been received, We will email you a confirmation number.

**A \$45.00 NSF Fee applies to all returned cheques
Please make cheques payable to Therapy Assistant
Association of Alberta Th.A.A.A., PO Box 29004, Edmonton,
AB, T6H 5Z6**

IMPORTANT:

Members please bring your Membership Card or a piece of photo I.D

***You must pre-register late registrations will not be accepted. Registrations will not be accepted at the door.**

Rooms are offered at a discounted rate for our attendees. Guest room rate of \$114 for a Standard 2 Queen or 1 King room per night. This also includes a Free Hot Breakfast served in the West 67 Restaurant every morning

***Please call 1 (800) 333-3333 quote the Therapy Assistant Association Education Day to book a room.**

