

The Therapy Assistant Association of Alberta invites you to attend our 8th Annual Education Conference. We welcome all Rehabilitation Professionals and Teaching Assistants.

Conference registration includes catered lunch and morning snacks.

Send us the completed registration form, along with your registration fee to ensure you can participate in this exciting educational opportunity. Door prizes and free memberships/renewals to be won!

IMPORTANT: All Members please bring your membership Card or a piece of photo I.D.

\*You must pre-register as late registrations will not be accepted and registrations will not be accepted at the door.

\*Rooms at the Radisson Hotel (former I Hotel) will be available at a special conference rate of \$129.00/per night. Please call 1-403 342-6567 and mention this conference.

# AGENDA

Registration 8:15-9:00 Welcome 9:00-9:10 **Keynote Address** 9:10-10:10 Vendor Display/Break 10:10-10:30 **Concurrent Sessions** 10:30-12:00 Lunch & Vendor Display 12:00-1:00 **Concurrent Sessions** 1:00-2:30 Vendor Display/Break 2:30-2:45 **Concurrent Sessions** 2:45 - 3:45New Member Registration & Networking 3:45 - 4:30

Vendors will be in attendance

Incite Inspirations eft/letting go program

"Quotes" for the Soul...Socks





8<sup>th</sup> Annual Education Conference Saturday May 9th, 2015

Radisson Hotel Red Deer (former I Hotel)

6500 67 Street Red Deer, AB T4P1A2 1-403 342-6567 Located just off the Queen Elizabeth Highway

www.thaaa.ca

promotions@thaaa.ca

### Keynote Address 9:10 – 10:10

Maximizing Learning by Fostering Engagement – Melanie Reader, BSc(Hons), MSc., R. Psych

When children and adolescents are engaged, they make an investment in their learning. One way to encourage such engagement is to provide a supportive learning environment. In collaboration with parents and teachers, support staff members can provide such an environment. This keynote address provide will suggestions on how to best engage children and adolescents and thus maximize their learning potential. It will highlight research and strategies regarding such areas as incorporating movement, embracing the child's strengths, preparing the child for the environment and the environment for the child, and encouraging overall health and well-being.

# Concurrent Sessions 10:30-12:00

**101:** Skills & Strategies Smorgasbord – Jason Knox, PT (C)/NDT

In order to most effectively assist patients in their recovery, especially those with neurologic injury/illness, it is critical to understand the treatment strategies available to us. There is no better way to learn this than by doing and experiencing them for ourselves. Come to this session to learn how we can impact patients with our treatment approach when running group or oneto-one therapy sessions. Experience how important it is to know how we learn, how our bodies move, and how you can help with your own verbal and hands-on cueing assistance.

**102:** Treatment Hierarchy for Acquired Apraxia – Karen Mayner M.Sc, R.SLP (c)

The treatment of clients with acquired apraxia following stroke requires a different approach than our regular articulation and aphasia therapy sessions. Asking a client to work through performing a requested action with limited assistance can actually impede the progress of patients with apraxia, according to motor learning principles. This session will provide a hierarchy of treatment for both physical and verbal apraxia that supports the 'errorless learning' that is needed for optimal improvement.

**103:** Next Steps on the Road to Recovery—Robert A. Yoisten

A Survivor's view with 28 years' experience as survivor and 41 years as practitioner in Health and Wellness. Exercise is a myth Buster, Goal setting and measurements, Risk Assessment, Copying with an injury and Building a resiliency plan. This approach is more of dialogue than a lecture. Participants will introduce to the Next Steps program developed by this survivor, participants are asked to give advice and be a critic about the program.

#### Concurrent Sessions 1:00-2:30

**201:** Building a Rich Vocabulary In Different Therapeutic Settings for School-Aged Children – Cindy Bell, M.Sc, R.SLP,

This interactive workshop will discuss practical strategies and treatment activities that supportive personnel can use for building receptive and expressive language knowledge in preschool through early school-aged children. We will systematically address some of the most common speech and language goals and provide a foundation for building functional, in-class supports and activities.

**202:** Assisting the Therapeutic Journey: Promoting Positive Plasticity – Teresa Siebold, B.H.Sc.PT, B.Sc.Kin, C/NDT,

This interactive 90 minute session will highlight the concept of plasticity,

which is not just a term for the client neurological impairments. with Positive change, which promotes the recovery of function, will be emphasized. Current evidence will be presented, including strategies to interdisciplinary increase collaboration, and ideas to improve participation active and client engagement during each treatment session. In addition, this presentation will introduce the NDT principles of using an activity-based focus as well as defining a variety of therapeutic options. All handling therapy assistants are invited to this session, as the NDT principles to ensure clientcentered care are relevant across disciplines.

# **203:** Therapy assistants in paediatric acute care – problem-solving through case studies.

Matthew Fong, M.Sc.OT(c), Jason
Waddell, M.Sc.PT(c), Whitney
Gendall, M.Sc.OT(c). Kaitlyn Tumack,
OTA/PTA

There is a unique degree of variation to children – physiologies, personalities, developmental stages – that is not found in the adult population. For rehabilitation therapy assistants, this means they require a different set of skills and protocols. In many cases, these protocols do not

exist; therefore, in acute care, it is important to collaborate and problemsolve solutions that work not only for children, but in most cases, their families as well. Registrants will participate in an interactive problemsolving session based on case studies from acute units at the Stollery Children's Hospital. Case studies will splinting, developmental involve treatment, returning to community, neurorehabilitation, and intensive care.

## Concurrent Sessions 2:45 - 3:45

**301:** Guidelines for the Assignment of Therapeutic Recreation Services to Assistants and Aides – Claudette McMillen, BARA, Recreation Therapist

Participants will learn about the content of ATRA's document, "Guidelines for the Assignment of Therapeutic Services to Assistants and Aides"

Learn how this document is to be used as a guideline for therapists to effectively assign tasks in order to ensure safe, effective, and efficient client care.



302: "Meet the COPECians" -

Cassie Prochnau (MacEwan University) Leeanne Sadowsky & Grace Torrance (Medicine Hat College) Jennifer Glumpak (NorQuest College) Karen McIntosh & Nancy Pullan (SAIT)

The presentation will introduce the audience to 'COPECians', members of the Canadian Occupational Therapist Assistant and Physiotherapist Assistant Educators Council. It will also provide audience members with an understanding of accreditation as it pertains to OTA/PTA programs in Canada and what it means to Therapist Assistants in Alberta and Canada.

**303:** Kids and Anxiety – Megan Clarke, Rehabilitation Assistant

This presentation is based on the Reid Wilson & Lynn Lions book "Anxious Kids Anxious Parents: 7 ways to Stop Worrv Cycle and Raise the Courageous and Independent Children". You will learn strategies to work through acknowledge and anxiety with children and adults. You will hear stories and examples of real life situations where anxiety shows up!





#### Th.A.A.A Conference Registration Form 2015

Name:	Address:
Phone#:	E-Mail (required):
Employer:	Job Title:
Membership Number (if applicable):	Diet Restrictions:

\*You must register on or before April 1<sup>th</sup>, 2015 for the early bird rate.

Registration deadline is April 20<sup>th</sup>, 2015.

You must pre-register **as late registrations will not be accepted** and **registrations will not be accepted** at the door You will receive a confirmation number that must be presented on the day of the conference (May 9<sup>th</sup>) at the registration desk.

- □ ThAAA Member: \$90
- □ ThAAA Member Early Bird: \$75\*
- □ Non Member: \$120
- □ Non Member Early Bird: \$105\*
- □ Student: \$75
- □ Student Early Bird: \$60\*

Payment can be made by going to our website www.thaaa.ca and selecting the appropriate Paypal button on the right-hand side of the home page. The registration form can be emailed to promotions@thaaa.ca or mailed along with the registration fee (cash or cheque) to the address listed below. You will not receive your confirmation number until both the registration form and payment have been received.

A \$45.00 NSF Fee applies to all returned cheques Please make cheques payable to Therapy Assistant Association of Alberta Th.A.A.A., PO Box 29004, Edmonton, AB, T6H 5Z6